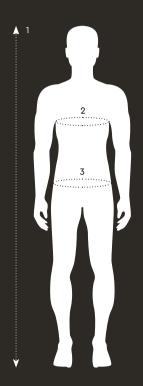
# HOW TO MEASURE

### GUIDE



#### MEASURE YOURSELF

All measurements are taken directly on the body.

#### 1. HEIGHT

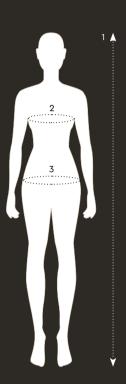
Measure from top of the head to bottom of your feet.

## 2. CHEST

Measure around the widest place of your chest.

#### 3. HIP

Measure around the widest place of your hips.



MEN	XS	S	М	L	XL	2XL	3XL	4XL	5XL
Height		173	178	183	188	193	194	195	196
Chest		94	100	106	112	118	124	130	136
Нір		95	101	107	113	119	125	131	137

WOMEN	XS	S	М	L	XL	2XL	3XL	4XL	5XL
Height	159	165	171	175	179	183	183	183	183
Chest	80	86	92	98	104	110	116	122	128
Hip	88	94	100	106	112	118	124	130	136

This chart is for reference only. Fit may vary depending on the construction, materials and type of style.

TIP: If your body measurements for chest, waist and height result in different suggested sizes, decide from the size of your chest measurement. If your body measurements is between two sizes, choose the lower size for at tighter fit and the higher size for a more loose fit.

lf more fitting advice is needed, feel free to contact your Tee Jays dealer, and their dedicated staff will help you.